



How To Book

We have introduced some new and more accessible options for booking and paying for our courses this year.

Network Memberships should now be purchased at your local Glasgow Club Leisure Centre. You will then be sent out your membership pack and asked for your Running Vest size. Alternatively please telephone our booking line with your membership number and vest size once you have signed up.

All courses with the exception of those listed below can now also be booked at the venue you wish to attend. Please inform reception which course you would like to book and they will process your payment.

Alternatively you can book online at www.glasgowclub.org. Please note you must be a pre-registered Running Network, Glasgow Club Fitness Unlimited or Pay As You Go member to access this facility.

To book on to our **5k Fun Run**, **Pasta Party**, **Woodland Running** or **Workshops** please either call our booking line number or complete the form opposite.

- All courses must be pre-booked and paid for in advance.
- **Please book early to secure your place!**
- No refunds will be given.
- Should any course not attract sufficient numbers, we reserve the right to cancel with a minimum of 24 hours notice.

Please seek prior advice from your GP if in doubt about the suitability of running for you.

2010

BOOKING FORM

PLEASE COMPLETE FULLY

Name: _____

Address: _____

Postcode: _____

Telephone Number: _____

Email: _____

Membership Number
(Running Network or Glasgow Club): _____

Complete as appropriate:

5k Fun Run: T-Shirt Size: S M L

Pasta Party:

Woodland Running: Start Date of Course: _____

Workshops: Date(s): _____

Total amount enclosed: £ _____

**Please make your cheque payable to Culture and Sport Glasgow.
Alternatively please call our booking line with your credit/debit card details.**

